

## Study perception of Patients' with Peptic Ulcer concerning Dietary Therapy in Medical Wards of AL-Zahra Teaching Hospital

Qassim Jawell Odah Abed, MSc\* Faisal Younus Sameen, MSc\*\*

### ABSTRACT

**Aims:** Study perception of patients with peptic ulcer concerning dietary therapy, find statistically significant between socio-demographic data and perception toward dietary therapy for peptic ulcer.

**Method:** To achieve the objectives of the study, the descriptive approach (semi-experimental study) was followed and approved for the study. A closed questionnaire (includes two parts: personal information and their knowledge of perception) was used to study peptic ulcer patients' perception of nutritional therapy. Whereas, the sampling method was a suitable probability method to select 50 samples. A patient was diagnosed with a peptic ulcer in the inpatient or surgical wards of Al-Zahra Teaching Hospital in Al-Kut City, during the period from January 1 to April 1, 2022.

**Result:** The study found that most of the patients with peptic ulcers are women whose average level of education is very high at a rate of 26% out of 50 patients, and most of them have chronic diseases such as arthritis by 40%, and most of them live in urban areas at a rate of 61%, and most of them have peptic ulcers compared to ulcers duodenum 29%.

**Conclusion:** The main results of this study concluded that Perception measuring concerning dietary therapy for peptic ulcer disease it was very weak.

**Keywords:** Perception, Peptic ulcer, Dietary therapy

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\* Adult Nursing  
AL-Kut technical institute  
Middle Technical University, Iraq.  
E-mail: qassim.j.odah@mtu.edu.iq

\*\* Adult Nursing  
University of Kirkuk  
College of Nursing, Iraq.